Clinical Exercise, Health and Fitness

Transforming lives through Health Sciences



A Levels BBB-BCC or above to include at least one of the following: Biology/Physical Education BFEC Extended Diploma Distinction Merit,	OLE
Biology/Physical Education BSc (Hons.) Clinical Exercise and Rehabilitation Exercise / BTEC Extended Diploma Distinction Merit Merit - Merit, Merit, Merit, Merit or above in a relevant Extended Diploma for example; Applied Science/Sport BSc (Hons.) Clinical Exercise Professionals (REPs) registered Level 3 Diploma in Personal Training Level 4 Specialist Instructor course BASES Certified Exercise Professionals (REPs) registered Specialist Fit Instructor Course	
Diploma Distinction Merit Merit - Merit, Merit or above in a relevant Extended Diploma for example; Applied Science/Sport BSc (Hons) Sport Rehabilitation / Level 4 Specialist Instructor course BASES Certified Exercise Ref Exercise Practitioner Consultation	rainer
Extended Diploma for example; Applied Science/Sport BASES Certified Exercise Practitioner Consultation	
Oliminal annualisms	
Access to HE Diploma A total of 120 -104 MSc Exercise Physiology MSc Exercise Physiology Clinical experience (voluntary or paid) Clinical experience (voluntary or paid) Physiology Clinical Exercise Scientist Physiology	
UCAS points in a relevant Access to HE Diploma for example; Human Sciences MSc Clinical Exercise Science MSc Clinical Exercise Science British Society of Echocardiography (BSE) Accredited Physiolog	
MSc Exercise and Health Science	
MSc Physiotherapy — Supervised practice — HCPC Registration and Chartered Society of Physiotherapy Physiotherapy	apist*

^{*}Physiotherapists are also employed in elite sport and performance environments

Elite Sport and Performance

Transforming lives through Health Sciences



LEVEL 3 A Level / BTECs Tariff points	UNDERGRADUATE	POSTGRADUATE Often required for more specialist roles	TRAINING, FURTHER EDUCATION AND EXPERIENCE	PROFESSIONAL QUALIFICATION Required by some employees	JOB ROLE
A Levels BBB-BCC or above to include at least one of the following: Biology/Human Biology/Physical Education	BSc (Hons.) Sport and Exercise Science /	MSc Sport and Exercise Nutrition	Work experience in a sport and/or exercise setting	Sport and Exercise Nutrition registered practitioner (SENr)	Sports Dietician/Nutritionist
	BSc (Hons) Clinical Exercise & Rehabilitation Science /	MSc Sport and Exercise Psychology	BASES Sport & Exercise Psychology Accreditation Route (SEPAR)	HCPC registered practitioner	Sport and Exercise Psychologist
BTEC Extended Diploma Distinction Merit Merit - Merit, Merit, Merit or above in a relevant Extended Diploma for example; Applied Science/Sport		MSc Biomechanics	Experience in provision of support to athletes/coaches	BASES Accredited Sport	Sport Biomechanist
	BSc (Hons) Sport and Exercise Psychology /	MSc Performance Analysis MSc Sport & Exercise	Professional development programme (e.g. BASES SE scheme)	and Exercise Scientist	Performance Analyst
		Rehabilitation			
Access to HE Diploma A total of 120 -104 UCAS points in a	BSc (Hons) Sport Rehabilitation /	MSc Sport Rehabilitation and Therapy			Sport Rehabilitator
relevant Access to HE Diploma for example;			Experience in provision of support to		
Human Sciences		MSc Applied Sport	athletes/coaches	BASES Accredited Sport and Exercise Scientist	Sport Physiologist
		MSc Applied Sport Physiology	Professional development programme (e.g. BASES SE scheme)		
					Interdisciplinary Sports Scientist
AECC University College Transforming lives		MSc Strength and Conditioning	National Strength and Conditioning Certificate	BASES Accredited Sport and Exercise Scientist	Strength and Conditioning Coach

Research, Teaching, Coaching and Sport



LEVEL 3
A Level / BTECs
Tariff points

UNDERGRADUATE

POSTGRADUATE

Often required for more specialist roles **EDUCA EXPE**

TRAINING, FURTHER EDUCATION AND EXPERIENCE

PROFESSIONAL QUALIFICATION

Required by some employees

JOB ROLE

A Levels
BBB-BCC or above
to include at least
one of the following:
Biology/Human
Biology/Physical
Education

BTEC Extended
Diploma
Distinction Merit Merit
- Merit, Merit, Merit or
above in a relevant
Extended Diploma
for example; Applied
Science/Sport

Access to HE
Diploma
A total of 120-104
UCAS points in a
relevant Access to HE
Diploma for example;
Human Sciences

BSc (Hons.) Sport and Exercise Science /

Experience in sport coaching or community sport

Coaching qualification recognised by NGB

Officer

Sports Development

Sports Coach

Primary/Secondary

School Teacher

Education/Training Consultant

Higher Education Lecturer

Postgraduate Certificate in Education (PGCE)

MSc Sport and Exercise Science (or related subject)

BASES Accredited Sport and Exercise Scientist

Research Assistant
/Research Fellow

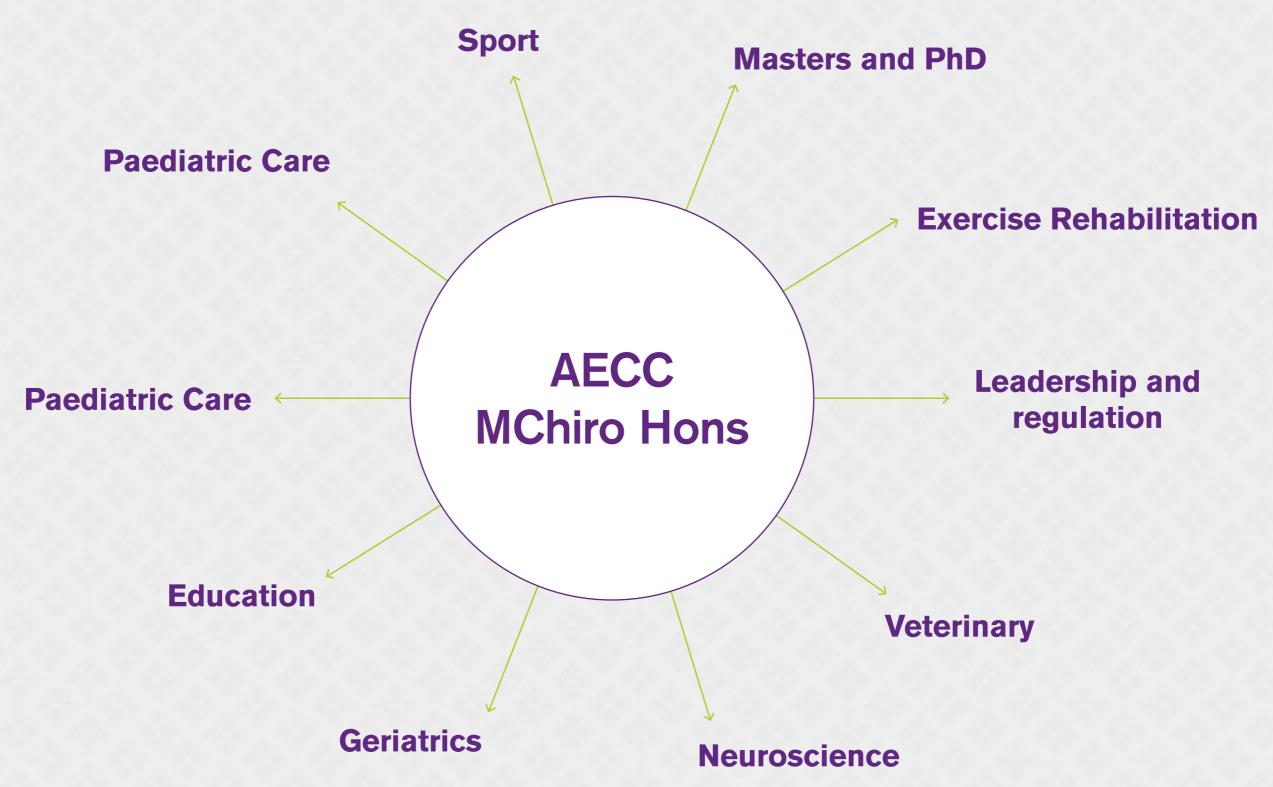
PhD (relevant research area)

Professional Doctorate



Career Prospects







Future Career Prospects



