



CASE STUDY: Access to Higher Education Diploma (Health Sciences)



“This course enabled me to totally change my career and my life – and I haven’t looked back.”

Sarit Sirinan is a self-employed Doctor of Chiropractic. He currently works in the clinic at Parkstone Chiropractic and has a keen interest in sports injuries and functional rehabilitation.

In 2012, he studied on the year-long Access to Higher Education Diploma course at AECC [now AECC University College] as a mature student. He went on to study the Master of Chiropractic course at AECC.

Sarit shares his experience:

“When I started studying on the Access to Higher Education Diploma course at AECC, I hadn’t been in education for about 12 years. At the time I was working for my parents, running our family supermarket but I wanted to follow a different career path”

“It was actually my own recurring sports injuries that led me to Chiropractic studies. I practiced and taught martial arts and I was getting shoulder and neck injuries regularly. I had been a patient at the AECC University College Chiropractic Clinic since 2000. I learned a lot about the different treatments and all the practitioners were so inspiring. They were always so kind and helpful: I really felt that this was the career for me. I met a few of the tutors at AECC who gave me some really useful advice and I decided to apply. Because the course is part-time, I was able to work alongside it in the week. Lots of us on the course did this. I actually had a friend on the course who was from Manchester. He worked up there in the week and commuted down to study at AECC on the weekend.

“If I hadn’t done the Access course before starting my degree, I would have found the first year really tough as I had been away from education for so long. I learned a lot of key skills on the course, as well as about healthcare itself. I learned how to study, how to write academic essays and how to take exams.

“It was a real advantage taking this course in a specialist healthcare setting like AECC that has working Clinics on site. I found observing the Chiropractic treatment really interesting and it kept me focused on what I was working towards. These facilities set AECC apart from other similar institutions.

“Many of us on the Access course went on to further study at AECC. When I began my degree, I was in a strong position. I was comfortable studying and I knew the staff, making it a smooth transition. This course enabled me to totally change my career and my life – and I haven’t looked back.”

You can find out more by visiting: www.aecc.ac.uk/access