

Dear Parent(s)/Care providers,

Welcome to the AECC University College and Bournemouth University New-born Feeding clinic.

This letter outlines who we are and what to expect on your first visit. The AECC University College is a teaching clinic and we work together with Bournemouth University midwifery department to run a free breastfeeding support clinic on Thursday afternoons. This clinic is aimed at those who are either breastfeeding exclusively or mixed feeding their babies up to 8 weeks of age. If you are exclusively formula feeding, have an older baby or don't have a feeding problem then we can help support you at our main Chiropractic clinic. Please call 01202 436 222 or email clinicappointments@aecc.ac.uk to re-arrange your appointment. This clinic is free of charge, however should you choose to continue with any chiropractic care beyond the initial session, there will be a cost of £20.50 per session thereafter.

The Feeding Clinic team consists of student midwives, supervised by a qualified midwife and final year chiropractic interns, supervised by a qualified chiropractor with paediatric experience.

With your consent, a student midwife and chiropractic intern will take a full history of your pregnancy, birth and any feeding concerns you may have. You will have the opportunity to breastfeed your baby to enable the student midwife to provide you with individual support. This may be followed by an examination of your baby by a chiropractic intern who will advise on your posture and positioning to assist with breastfeeding. Where appropriate, a chiropractic treatment for your baby may be offered. This consultation is overseen by experienced clinic tutors in both Midwifery and Chiropractic and can last for approximately one to two hours.

As we are a teaching clinic, there may be two student midwives and a midwifery tutor in the room with you. There may also be a chiropractic intern and a chiropractic tutor present at times. If at any time you feel uncomfortable about the number of people in the room with you, please mention this to us. We want to be as supportive and helpful to your needs as possible.

Our primary goal is to help you in every way we can as a collective team of experienced professionals using the most up to date research.

For further information about the New-born Feeding clinic visit our website www.aecc.ac.uk/nbfc

If you have any questions, please do contact us by email clinicappointments@aecc.ac.uk

The Newborn Feeding Clinic is actively involved in research:

There is currently a study running at the Newborn Feeding Clinic which is asking mothers about how they feed their baby, and how they feel about feeding. You may be asked to participate when you arrive at the Clinic. For this study, mothers are invited to complete a short questionnaire when they first attend the clinic, and complete the questionnaire again when their baby is six weeks old and twelve weeks old. Mothers may also be invited to have an interview with the researcher once they have completed the questionnaires. Please click [here](#) to read more about the study.

Best wishes

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