Clinical Exercise, Health and Fitness

Transforming lives through Health Sciences



LEVEL 3 A Level / BTECs Tariff points	UNDERGRADUATE	POSTGRADUATE Often required for more specialist roles	TRAINING, FURTHER EDUCATION AND EXPERIENCE	PROFESSIONAL QUALIFICATION Required by some employees	JOB ROLE
A Levels BBB-BCC or above to include at least one of the following: Biology/Human Biology/Physical Education BTEC Extended Diploma Distinction Merit Merit - Merit, Merit, Merit or above in a relevant Extended Diploma for example; Applied Science/Sport Access to HE Diploma A total of 120 -104 UCAS points in a relevant Access to HE Diploma for example; Human Sciences	BSc (Hons.) Sport and Exercise Science /		Work experience in primary care	Royal Society of Public Health (RSPH) qualification	AccreditationHealth Promotion Specialist
	BSc (Hons.) Clinical Exercise and Rehabilitation Exercise /		Level 2 Certificate in Fitness Instructing	Register of Exercise Professionals (REPs) registered	Personal Trainer
	BSc (Hons) Sport Rehabilitation /		Level 3 Diploma in Personal Training		Specialist Fitness Instructor
			Level 4 Specialist Instructor course	BASES Certified Exercise Practitioner	Exercise Referral Consultant
		MSc Exercise Physiology	Clinical experience (voluntary or paid)	BASES Accredited Sport and Exercise Scientist	Clinical Exercise Physiologist
		MSc Clinical Exercise Science		British Society of Echocardiography (BSE) Accredited	Clinical Cardiac Physiologist
		MSc Exercise and Health Science			
NAMES ALCO		MSc Physiotherapy ——	Supervised practice	HCPC Registration and Chartered Society of Physiotherapy	Physiotherapist*
AECC Universit	ty College	MSc Physiotherapy	Supervised practice	_	Physiotherapist*

^{*}Physiotherapists are also employed in elite sport and performance environments

Elite Sport and Performance

Transforming lives through Health Sciences



LEVEL 3 A Level / BTECs Tariff points	UNDERGRADUATE	POSTGRADUATE Often required for more specialist roles	TRAINING, FURTHER EDUCATION AND EXPERIENCE	PROFESSIONAL QUALIFICATION Required by some employees	JOB ROLE
A Levels BBB-BCC or above to include at least one of the following: Biology/Human Biology/Physical Education	BSc (Hons.) Sport and Exercise Science /	MSc Sport and Exercise Nutrition	Work experience in a sport and/or exercise setting	Sport and Exercise Nutrition registered practitioner (SENr)	Sports Dietician/Nutritionist
	BSc (Hons) Clinical Exercise & Rehabilitation Science /	MSc Sport and Exercise Psychology	BASES Sport & Exercise Psychology Accreditation Route (SEPAR)	HCPC registered practitioner	Sport and Exercise Psychologist
BTEC Extended Diploma Distinction Merit Merit - Merit, Merit, Merit or above in a relevant Extended Diploma for example; Applied Science/Sport Access to HE Diploma A total of 120 -104 UCAS points in a relevant Access to HE Diploma for example; Human Sciences	BSc (Hons) Sport and Exercise Psychology / BSc (Hons) Sport Rehabilitation /	MSc Biomechanics	Experience in provision of support to athletes/coaches	BASES Accredited Sport and Exercise Scientist	Sport Biomechanist
		MSc Performance Analysis	Professional development programme (e.g. BASES SE scheme)		Performance Analyst
		MSc Sport & Exercise Rehabilitation			
		MSc Sport Rehabilitation and Therapy			Sport Rehabilitator
		MSc Sport Science	Experience in provision of support to		
		MSc Applied Sport Physiology	Professional development programme	BASES Accredited Sport and Exercise Scientist	Sport Physiologist
			(e.g. BASES SE scheme)		Interdisciplinary Sports Scientist
AECC University College		MSc Strength and Conditioning	National Strength and Conditioning Certificate	BASES Accredited Sport and Exercise Scientist	Strength and Conditioning Coach

Research, Teaching, Coaching and Sport



LEVEL 3 A Level / BTECs Tariff points

UNDERGRADUATE

POSTGRADUATE

Often required for more specialist roles TRAINING, FURTHER **EDUCATION AND EXPERIENCE**

PROFESSIONAL QUALIFICATION

Required by some employees

JOB ROLE

A Levels **BBB-BCC** or above to include at least one of the following: Biology/Human Biology/Physical Education

BTEC Extended Diploma **Distinction Merit Merit** - Merit, Merit, Merit or above in a relevant **Extended Diploma** for example; Applied Science/Sport

Access to HE Diploma A total of 120-104 UCAS points in a relevant Access to HE Diploma for example; **Human Sciences**

BSc (Hons.) Sport and Exercise Science /

Experience in sport coaching or community sport

Coaching qualification recognised by NGB

Sports Development Officer

Sports Coach

Primary/Secondary

School Teacher

Education/Training Consultant

Postgraduate Certificate in Education (PGCE)

> **MSc Sport and Exercise Science** (or related subject)

BASES Accredited Sport and Exercise Scientist

Professional Doctorate

PhD (relevant research area)



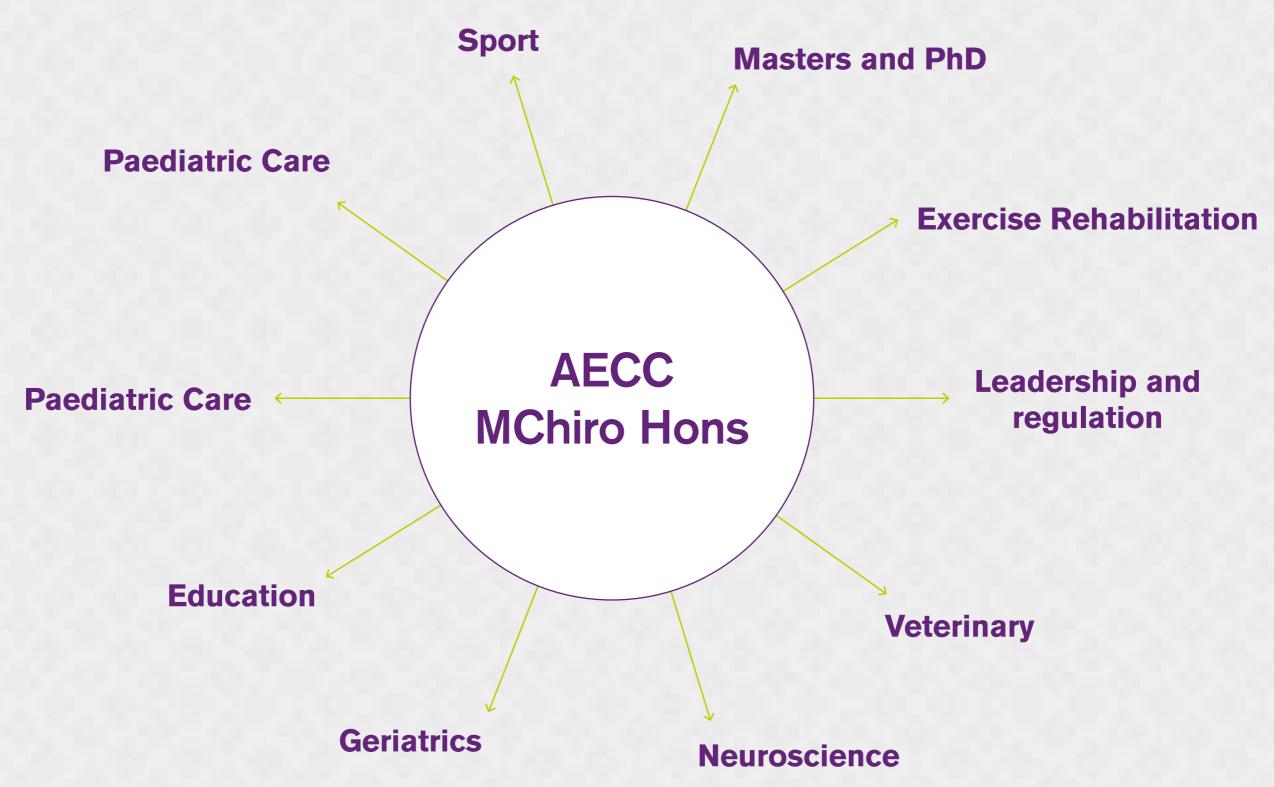
Higher Education Lecturer

Research Assistant

/Research Fellow

Career Prospects







Future Career Prospects



