

“The most rewarding aspect of being a Chiropractor is being in a position to help our patients achieve their individual goals – whatever that might be.”

**Amy Burton, BCA’s New Chiropractor of the Year 2022 and AECC UC Chiropractic alumni, shares her story.**

**What year did you graduate?**

I graduated in 2021.

**Where are you practicing now?**

Since graduating I have been working at The Waldegrave Clinic in Teddington. I work within a multi-disciplinary team of chiropractors, physiotherapists, an osteopath, sports massage therapists and podiatrists. I feel very lucky to be working here.



**What have you been up to since graduating?**

Working! My first year was all about settling into work, my new home and finding that work life balance. I attended a few work-related courses and managed to squeeze in some staycation holidays to the Lake District and Scotland for some hiking and open water swimming. My goal this year is to enter some sporting events and get back into training.

**You were recently awarded ‘New Chiropractor of the Year by the BCA’, can you tell us a little about this achievement?**

I was very fortunate to have been put forward for this award by my boss and PRT mentor Tom Greenway. This was a complete surprise and I just was so happy to have been nominated, so to actually win the award was an amazing feeling! Thank you to everyone who took the time to vote for me. This award is one of my proudest achievements to date.

**What’s the most rewarding thing about your work and how do you make a difference?**

The most rewarding aspect of being a Chiropractor is being in a position to help our patients achieve their individual goals – whatever that might be. The fact that no two patients are the same is what makes this job so interesting. What’s especially rewarding is when existing patients return to you with a new complaint because they trust you with their health, and when they refer their friends, family and colleagues to you because they want them to share in the experience(s) that they’ve had.

**Is there a message that you would like to get out there to our readers?**

The experience you have in your first year in practise is so important and you want to make sure you have the best start to your career. My advice to you is that you write down what’s important to you to have in your first job, whether that be a clinic that offers weekly CPD, a PRT trainer that will devote an hour a week with you or to take over a client base. Whatever it is, ensure the place you decide to work can provide that for you. So, when you go for your interviews and they ask you all the questions to ensure you’re the right kind of Chiropractor for them, make sure you have your questions prepared to ensure that your potential employer can also meet your needs as a new graduate.

**What is your fondest memory of AECC University College?**

I have so many fond memories from the AECC UC but I feel the most memorable would be graduating with some of my closest friends.

If any students would like to contact me if they have any questions, want advice, opportunity for observations, my work email address is: [aburton@waldegraveclinic.co.uk](mailto:aburton@waldegraveclinic.co.uk)

You can find out more about the [Master of Chiropractic course at AECC University College here](#).