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Theveenah Balasubramaniam, Chiropractic alumni, shares her story.

What year did you graduate?

I graduated in 2021, just last summer in the midst of the pandemic.

Where are you practicing now?

I’m currently practicing in Sevenoaks Chiropractic Clinic, which is based in west Kent.



What have you been up to since graduating?

It can be a whirlwind graduating and starting a new job, so I’ve been trying to settle into a daily routine and find my feet in a new environment. I’ve also tried to keep busy outside of work by catching up with friends, joining a local gym, and doing courses in my spare time.

You were recently awarded ‘New Chiropractor of the Year by the BCA’, can you tell us a little about this achievement?

I was lucky enough to be nominated by my boss, who is also my PRT mentor. It came as such a surprise when I saw my name on the list of nominees, as everyone on the clinic team kept the nomination a secret. But it meant a lot to have the backing and support of the clinic team behind me, especially when starting at a new place and being so new to the Chiropractic profession. I’m still so grateful for everyone who voted for me, and even more shocked that I won the award! It’s definitely made me want to work harder and better myself as a chiropractor.

What’s the most rewarding thing about your work and how do you make a difference?

There are so many wonderful things about being a chiropractor. I love helping people reach their individual goals, even if it is as simple as planting pentunias or as big as running their first marathon. What I find most rewarding is when someone is at the point of losing hope and they come to you as a last resort, a lot of times in hopes they won’t require surgery, and you can actually help them. The high point of the year for me was helping a 16-year-old girl walk without the aid of a wheelchair or crutches again!

Is there a message that you would like to get out there to our readers?

I want to inspire people to stay in love with the chiropractic profession as they did when they first started, to look at things like a new graduate would, and to have the passion to constantly better ourselves for our patients.

What is your fondest memory of AECC?

My fondest memory of AECC is definitely meeting a group of people who I’m lucky enough to call my best friends. Especially during exam season, where beach walks and group study sessions helped get each other through (not forgetting the big celebrations when it was all over)!

You can find out more about the [Master of Chiropractic course at AECC University College here.](#)