Clinical Exercise, Health and Fitness



UNDERGRADUATE	POSTGRADUATE Often required for more specialist roles	TRAINING, FURTHER EDUCATION AND EXPERIENCE	PROFESSIONAL QUALIFICATION Required by some employees	JOB ROLE
BSc (Hons) Sport and Exercise Science		Work experience in primary care	Royal Society of Public Health (RSPH) qualification	— Health Promotion Specialist
BSc (Hons) Clinical Exercise and Rehabilitation Science		Level 2 Certificate in Fitness Instructing	Register of Exercise Professionals (REPs) registered	Personal Trainer
		Level 3 Diploma in Personal Training		Specialist Fitness Instructor
		Level 4 Specialist Instructor course		
			BASES Certified Exercise Practitioner	Exercise Referral Consultant
	MSc Exercise Physiology	Clinical experience (voluntary or paid)	BASES Accredited Sport and Exercise Scientist	Clinical Exercise Pysiologist
	MSc Clinical Exercise Science		British Society of Echocardiography (BSE) Accredited	Clinical Cardiac Pysiologist
	MSc Exercise and Health Science			
	MSc Physiotherapy	Supervised practice	HCPC Registration and Chartered Society of Physiotherapy Accreditation	— Physiotherapist*

^{*}Physiotherapists are also employed in elite sport and performance environments